



3RD FORM AUTUMN TERM LEARNING FOR LIFE SCHEME OF WORK

Topic	Outline
Health And Wellbeing Introduction to Learning for Life	What is Learning for Life (PSHE) How will we work together as a class? Setting the ground rules for discussion. Pupils explore the SOW for this year and think about what Learning for Life will mean for them. Pupils will explore ways for healthy respectful discussion.
Health And Wellbeing Bancroft's School Values	How is year 7 different? What does it mean to be a Bancroftian? Pupils will think about the coming year and how they can make the most of the opportunities at Bancroft's. They will explore the idea of personal values? How does that relate to the Bancroft's school values? Pupils will share ideas on Bancroft's school values and examine their personal values.
Health And Wellbeing Kindness, respect and tolerance	What does it mean to be kind? Is it more important to be kind or right? Pupils will think about what it means to be kind and to demonstrate acts of kindness. Link to the residential. Power point and clips for discussion



<p>Health And Wellbeing Self branding - Who Am I? Identity.</p>	<p>Pupils will explore what makes up someone's identity and the idea of personal branding. Link to their personal values. How do they present themselves at school, at home and online? Are they aware of a personal brand? Pupils will explore the meaning of identity through a range of activities.</p>
<p>Health And Wellbeing What do we need to keep healthy?</p>	<p>Pupils will explore what makes a balanced life to maintain health and well-being. Pupils will be able to say what being healthy means and how to establish a healthy routine.</p>
<p>Health And Wellbeing Healthy Eating</p>	<p>Pupils will identify and explore what choices they can make to keep healthy. They will know the benefits of eating healthily.</p>
<p>Relationships Understanding Communities</p>	<p>Pupils will explore the idea of different groups within a community. They will start within the Bancroft's community. Pupils will identify similarities between themselves, their classmates and others.</p>
<p>Relationships How do I feel about difference?</p>	<p>Pupils will explore what it means to be different and to be individual. They will be able to explain how prejudice might be challenged.</p>
<p>Relationships Curiosity - What makes me happy?</p>	<p>The talk explores the idea of happiness and preconceptions behind what makes us happy people.</p>
<p>Relationships Managing Friendships</p>	<p>The talk explores how we might feel challenged by the behaviour of others and looks at how we can stand up for ourselves. This talk includes a dramatic presentation.</p>



Relationships Being assertive and dealing with others	Follow up on the previous week's talk week. Pupils will explore good communication skills and be able to demonstrate strategies to deal with pressure from others.
Relationships Risk and Safety	Pupils will explore what 'risk' can mean, including online risks and what is meant by 'risking on purpose'.
Time for reflection	



REMOVES AUTUMN TERM LEARNING FOR LIFE SCHEME OF WORK

Topic	Outline
Health And Wellbeing First aid and CPR	Pupils will be able to demonstrate putting someone in the recovery position and describe the key steps in administering CPR
Health And Wellbeing What impacts on emotional wellbeing?	Pupils will understand the effects of negative relationships on emotional wellbeing Pupils will understand the impact of 'body image' on emotional wellbeing
Health And Wellbeing Recognising signs of poor mental health	Pupils will be able to recognise some signs of common mental health problems, like anxiety and depression.
Health And Wellbeing Immunisation	Pupils will know what immunisation is and the benefits.
Living In The Wider World Goal Setting	Pupils will think about the positive things they want in the future Pupils will consider how to create steps to achieve their goals and how to turn steps into targets. This will run alongside the enterprise project



LOWER 4TH AUTUMN TERM LEARNING FOR LIFE SCHEME OF WORK

Topic	Outline
Health And Wellbeing Gangs and knife crime	Pupils will know how to carry out research and present their findings on issues which may affect people of their age Pupils will understand the impact of knife crime and gangs on society: locally, nationally and globally
Living In The Wider World How do I plan for my future?	Pupils will be able to describe the difference between a job and a career Pupils will consider what careers might suit them in the future Pupils will know how to start making plans for a career.
Living In The Wider World What are my options?	Options talks
Health and Wellbeing Alcohol and Drugs – knowing the consequences	Speaker Bob Tait
Health and Wellbeing Alcohol and Drugs	Follow up from the previous lesson. Pupils will be able to explain the impact drugs have on society. Pupils will understand how drugs effect an individual’s physical, mental and emotional health. Pupils will be able to say what addiction and dependency are.



Living In The Wider World
What do I need to plan for?

Pupils will have analysed their own skills and abilities and recognise how these might support them in their future working life
Pupils will be able to explain the importance of thinking about the future today
This will feed into their options decisions