

# KS3 and KS4 Curriculum Plan

2025-6

Thirds

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1. Settling into secondary school 2. Friendship 3. Self-esteem 4. Bullying 5. Health and Wellbeing 6. Mental Health	1. Puberty 2. Managing Changes 3. Media Influence & Misogyny 4. Digital Citizenship, Digital Footprint and Algorithms 5. Screen Time and Mental Health 6. Peer Pressure and Risk	1. The Equality Act and Stereotyping 2. Prejudice and Discrimination 3. Gender Stereotyping 4. Racism 5. LGBTQ+ 6. Ableism	1. Smoking, Vaping and Snus 2. First Aid 3. Healthy Eating 4. Sugar and Oral Health 5. Physical Wellbeing	1. Street Safety 2. Family Disputes 3. Emotional Literacy 4. Bullying and Bystanders 4. Families and Commitment	4 x Oracy and Critical Thinking lessons using The Day

# KS3 and KS4 Curriculum Plan

2025-26

Removes

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1. Resilience 2. Managing Change 3. Healthy Boundaries	1. Families and Commitment 2. Child Abuse 3. Body Image	1. Gangs and Grooming 2. Personal Safety and Knife Crime 3. Sharing Images, Sextortion and Deep Fakes	1. Introduction to Alcohol 2. Understanding Alcohol	1. Introduction to Drugs 2. Drugs and the Law	1. Cannabis - Risk and Harm 2. Nitrous Oxide – Risk and Harm

# KS3 and KS4 Curriculum Plan

2025-26

L4th

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1. British Values  2. What is the point of law?  3. How are laws made?  4. Changing the Law  5. New law debate  6. The Criminal Justice System	1. Fake News  2. Extremism and Radicalisation  3. Extreme Views – Misogyny  4. Extreme Views – Racism (Far Right)  5. Extreme Views – Islamophobia  6. Extreme Views – Anti-Semitism	1. Romantic Relationships  2. Relationship Expectations  3. Healthy Relationships  4. Consent  5. Dating and Culture  6. Marriage, Co-habitation and Commitment	1. Alcohol and Units  2. Illegal Drugs  3. Illegal Drugs  4. Risky Behaviour and Consequences  5. Attitudes and Influence	1. Sharing Images and Deep Fakes  2. Online Grooming  3. Sextortion  4. Abusive Relationships	1. Respectful Relationships  2. Unplanned Pregnancy  3. Ending Relationships Respectfully  4. Social Media and Mental Health

Drop Day (Summer Term 1)

Contraception, STIs, Viewing Harmful Images, Body Image, Gambling, Social Media and Mental Health

# KS3 and KS4 Curriculum Plan

2025-26

U4th

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1. Elections and Campaigning 2. Voting Systems 3. Voting 4. Political Parties 5. The Work of an MP 6. Voting Age	1. Relationship Intimacy and Consent 2. Online Relationships and AI 3. Pregnancy and Parenting 4. Fertility and Menopause 5. Domestic Abuse 6. Sexual Violence and Misogyny	1. Harassment and Personal Safety 2. Sexual Exploitation 3. Pornography and Exploitation 4. Pornography - Harms and Addiction 5. Sextortion	1. Wellbeing, Happiness and Sleep 2. Mental Health, Screens and Social Media 3. Physical Activity and Mental Health 4. and 5. Nutrition, UPF and Health	1. Gaming & Gambling Addiction 2. Alcohol Addiction 3. Heroin and Cocaine 4. Ecstasy and Ketamine	1. Cancer and Health Screening 2. Blood and Organ Donation 3. Lifestyle and Personal Health 4. Personal Safety and Crime

Drop Day (Summer Term )

Vaping/Spiked Vapes, Contraception and STIs, Alcohol and Sex, Consent

# KS3 and KS4 Curriculum Plan

2025-26

Fifths

Autumn Term	Spring Term	Summer Term
<ul style="list-style-type: none"><li>1. Personal Budgeting</li><li>2. Credit and Debit Cards</li><li>3. Taxation</li><li>4. Balancing the Budget</li><li>5. Fraud</li><li>6. Consumer Rights and Responsibilities</li></ul>	<p>Mock Exams</p> <ul style="list-style-type: none"><li>1. Keeping Safe at Parties and Festivals</li><li>2. Substance Emergencies and First Aid</li><li>3. Risky Sexual Behaviour</li></ul>	<ul style="list-style-type: none"><li>1. Managing Exam Stress</li><li>2. Resilience and Results</li></ul>